PURPOSE: To practice recovering the ball in front of the body after an error or bad bounce.

DRILL SETUP: Divide team into pairs, players line up across from each other forming two lines about 40 ft apart. For safety, each player should be about 5 feet from player next to them. All players have gloves, one player in each pair should have a ball.

HOW IT WORKS: On the coach’s whistle, the player with the ball gets into a good fielding position & rolls the ball out in front of them. The same player, then goes to the SIDE of the ball, scoops it up and throws it to their partner.

The partner catches the baseball and immediately transfers the ball to get into a good throwing position.

On the coaches next whistle, new player with the ball gets into their fielding position and rolls the ball out in front.

COACHING TIPS: Instead of rolling the ball out, place the it on the ground 5 feet in front of the fielder. He then scoops it up barehand and gets into throwing position.

MAKE IT HARDER: Fielder stands with his back to the coach. Coach rolls a tough ground ball at the fielder. If he does not make the initial play, he has to recover, gather the ball and make the throw.

MAKE IT EASIER: Instead of rolling the ball out, place it on the ground 5 feet in front of the fielder. He then scoops it up barehand and gets into throwing position.