I’m going to Petco Park today!

Today I’m going to Petco Park in San Diego, California. I get to watch the San Diego Padres play baseball! The ballpark is big and will be a lot of fun.

When I arrive

When I get to the ballpark, I will wait in line to enter with my family or group. The ballpark may be loud and crowded, but that is okay because this is a sensory inclusive location.

Passing through Security

By entering the ballpark, I will need to go through the metal detector at security. This looks like an open door. I will also need to give the security guard any items I might be bringing with me into the ballpark like my iPad, iPhone, or a comfort item. But don’t worry, I will get it back after I pass through the metal detector which only takes a few seconds.

Tickets

As I enter the ballpark, I will need to have my ticket scanned. My ticket shows me where my seat will be to cheer for the Padres!

Where to get a sensory bag

To borrow a sensory bag, I can visit the Guest Service Centers location at Section 108, 131 and 303. All I have to do is leave my or my family member’s ID.

What’s in a sensory bag

There are items in the sensory bag that will help me feel calm. I can use the headphones if I find it too loud. I can use the fidget tools to help me stay focused. These can help me enjoy my time at the ball game.

Finding my seat

Finding my seat might be difficult as there are over 42,000 seats. Not to worry, I can ask for help from one of the staff members.

Crowds and excitement

During the event, there might be big screens, excited people, bright lights, loud noises, or music. If there is too much noise or the lights are too bright for me, I can exit the ballpark and reenter at any gate.

Staff

During the game there will be staff that I can ask for help. Whether it’s finding my seat, finding a family restroom or where to get a sensory bag, these wonderful people can help make my experience a great one.

Snacks

If I get hungry or thirsty, there are food and drinks available on the concourses. I will need to wait in line to order but that gives me time to decide what I want. I can ask a staff member which food locations offer vegetarian and gluten free food choices.

Leaving

When the game is over, there will be many people leaving at once. It’s important that I stay with my group or family and walk calmly to the exit. If I feel overwhelmed we can wait until most of the crowd has cleared, then we can exit.

Thank You!

I had a great day at Petco Park! Knowing what to expect made it fun and easy. I may have met the Padres mascot, the Friar, as he walked around the ballpark taking pictures and interacting with fans. I can’t wait to go back!