MAD(DON) FOR THIS PAN-ROASTED CHICKEN

2-4 Boneless, Skinless Chicken Breasts

2 Tablespoons Olive Oil

1/4 Cup Apple Cider Vinegar

4 Tablespoons Cold Butter, Cut Into Small Pieces

1 Tablespoon Water As Needed

1/2 Tsp Rosemary

1/2 Tsp Thyme

1/2 Tsp Parsley

Salt and Pepper



IAYE MADDON



- 1. Pour olive oil into a skillet over medium heat.
- 2. Salt and pepper chicken breasts and place into skillet to begin cooking.
- 3. Add herbs (rosemary, thyme and parsley).
- 4. Cook for 5-6 minutes (or until cooked halfway through).
- 5. Turn each breast and cook the other side for the same amount of time.
- 6. Turn heat down to low/medium.
- 7. Add apple cider vinegar and butter.
- 8. Cook for 2-3 minutes more.
- 9. Serve!



HALO TIP: SERVED BEST WITH A SALAD!