WE'VE GOT YOU ALL COVERED



Join Konica Minolta for this "We've got you all covered" virtual series that demonstrates, discusses, and addresses business professionals' questions surrounding the coronavirus pandemic. The tools provided in the series help to embrace our "new normal" and keep businesses top of mind for their customers. Events are taking place every Tuesday and Thursday, so check out the schedule here!



IN REVIEW









For this week's recipe, Royals Nutritionist Erika Sharp shows you how to make Tortellini Soup.

Bonus: It's getting warm out, which means it's time for cool drinks! You can mix your own Peachy Palmer at home with our recipe from The K.



On Monday, Royals associates volunteered with Harvesters - The Community Food Network to help pack and hand out food to families within Jackson County. Each family received around 80 pounds of food, including frozen, perishable and nonperishable items. By the end of the day, Harvesters had served more than 8,500 people, including nearly 3,800 children.

ROYALS SOCIAL

Fans can find something new on the Royals social media channels every day:

MONDAY Kids Activities

VISIT

TUESDAY Trivia

VISIT

WEDNESDAY

Phone Wallpapers

VISIT

THURSDAY

YouTube content

VISIT

And don't forget to tag us in your photos!

TUNE-IN



Classic Royals games will air on Royals Radio Network partners across the six-state region. As we wait for the 2020 season, relive the following games listed below.

2014 ALCS Game 2 CONTRACTOR OF THE PARTY OF THE 12:00 pm CT

2015 World Series (FOX) KANSAS CITY

7:00 pm CT

Game 9 or 10 Game Win Streak (6/17/14) 7:00 pm CT

2015 World Series (FOX) KANSAS CITY

7:00 pm CT

2015 World Series Game 4 (FOX) KANSAS CITY

7:00 pm CT

Pivotal Game in 2014 (6/22/14)

7:00 pm CT

2015 World Series Game 5 (FOX) KANSAS CITY

7:00 pm CT



JOHN DEERE 2014 ALCS Game 3 1985 ALCS Game 7 GW STORE Royals 🚹 🖸 🔰 12:00 pm CT 6:00 pm CT



IN THE BALLPARK

Though we're not playing games, we still want to take a moment to honor those who are helping the community through two programs that are staples of the in-game experience at The K. Each Friday, we'll honor individuals on our social media channels until we can put them in the respective seats.













TORTELLINI SOUP

DIFFICULTY: * * *

NUMBER OF SERVINGS: 6 TO 8

PREP TIME: 5 MINUTES

COOK TIME: 15 MINUTES

TOOLS & UTENSILS: CUTTING BOARD, CHEF KNIFE,

STOCK POT, STIRRING SPOON

INGREDIENTS

- 1 lb Meat of Choice (ground meat, sausage, shrimp, rotisserie chicken, meatballs, etc.)
- 1 package Tortellini, fresh
- 1 large yellow onion, chopped
- 3-4 cloves garlic, diced
- 1 zucchini, chopped
- 3 cups spinach, raw or frozen
- 14.5 oz can tomatoes, diced/crushed/sauce
- 1 quart Chicken or vegetable broth, low sodium
- 3 cups water
- 1/2 teaspoon red pepper flakes, optional

PROCEDURE

- Cut all produce prior to starting the cooking process.
- Add the meat to the stock pot and cook until no pink remains.
- Add the onions and garlic. Cook until softened and onions are translucent. Season with salt, pepper and red pepper flakes (optional).
- · Add the remaining vegetables and can of tomatoes. Cook until soft, stirring frequently.
- Add in the spinach and cook until wilted (if fresh) or heated through (if frozen).
- Pour in the broth and additional water to desired amount of soup. Bring to a boil.
- Add the tortellini to the mixture and cook to package instructions.
- Serve hot. Top with parmesan cheese.

NOTES

- Any of the vegetables can be substituted for what you have or prefer. These can be canned, frozen or fresh. The more ingredients you add, the more water you will need to add for this to remain as a soup.
- Make sure meat and tortellini are defrosted.
- When reheating, you can add additional water to increase the broth base of the soup. The tortellini soak this up when stored.











DIFFICULTY: * * *

TOOLS & UTENSILS: CHEF'S KNIFE, CUTTING BOARD

INGREDIENTS

- 1-1/2 parts Jim Beam Peach Bourbon® Whiskey
- 2 parts Lemonade
- 2 parts unsweentened Iced Tea
- Lemon for garnish

PROCEDURE

- Build over ice in a highball glass
- Garnish with a lemon wedge